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| **07:00** |   | **Positive Mindset** |   | **Positive Mindset** |   |   |
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| **08:00** |   | **Eat Right! - Elaina** |   | **On the Mat - Brianna** |   |   |  |
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| **09:00** |   |   | **Paint It - Jenny** |   |   |  |
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| **10:00** |   |   |   |   |   |  |
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| **11:00** |   | **English Parenting** |   |   |   |   |  |
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| **12:00** |   |  |   |  |   |   |  |
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| **CS - Marcelo** |  |
| **13:00** | **CS - Daniel** | **CS - Bruce** | **CS - Daniel** | **CS - Bruce** |   |  |
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| **14:00** |   |   |  |
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| **15:00** |   |   |   | **Who Am I - Glinda** |   |   |  |
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| **16:00** | **CS - Michele** |   |   |   | **CS - Sarah** |  |
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| **Live Longer-Anna** |  |
| **17:00** |   |   |   |  |
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| **18:00** |   |   |   |   |   |   |  |
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| **CS - Biah** | **CS - Alex** | **CS - Marcelo** | **CS - Alex** | **CS - Victor** |  |
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| **19:00** | **CS** |  |
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| **20:00** | **CS - Bruce** | **CS - Marcelo** | **CS - Ron** |   |   |  |
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| **21:00** |   |   |  |
|   |   |   | **CS - Marcelo** |  |
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